

Textile Center Supply List

Free Motion Stitching

Steve Pauling

Please bring with you to class:

- Sewing machine in good working order with **darning/free motion presser foot**. Confirm the feed dogs can be dropped or provide means for covering the feed dogs... some machines have a cover plate if feed dogs don't drop, or they can be covered by taping two layered pieces of heavy tag board over the feet with holes cut out in the lower piece to accommodate the feed dogs. Don't forget the cords and foot control!
- Standard sewing machine accessories: bobbins, small screwdriver for tension adjustments, lint brush. Assortment of needles – Universal points in size 90/14 is sufficient, with optional sizes 80/12, 100/16.
- Five tablet-sized sheets of heavy paper such as construction art paper or thin card stock. Minimum size 8" X 10".
- Several "sandwiches" made of two muslin or quilting fabric squares with an inner layer of quilt batting, stabilizer, felt or other materials representative of the kinds of projects you want to embellish with free motion stitching. Squares should be a minimum of 12 inches square, no larger than about 22" square (half the width of typical quilting fabric).
- To save time in class, secure layers of sandwiches with pins, thread basting or temporary spray adhesive. Bring plenty of sandwiches for practice (six to twelve)... whatever you don't use in class you can use to practice different thread types, stitching forms and applique/couching techniques at home.
- A 10" or 12" embroidery hoop with five or more pieces of plain woven muslin or solid color quilting fabric which can easily fit in the embroidery hoop.
- Assortment of standard sewing threads in various colors. If you are experienced in adjusting tension and using specialty threads. NOTE: This class will not explore the technical skills of using specialty threads and tension adjustments other than in general terms needed for standard sewing thread.
- *Optional:* Assortment of yarns, cording, fabric scraps, thin gauge wire and other items for couching and attaching to base fabric with free motion stitches to create texture and visual interest.
- Markers suitable for drawing on paper and/or fabric.
- Assortment of typical sewing notions: fabric scissors, thread snips, pins, etc.
- *Optional:* Quilting gloves, rubber/silicone finger grips or other hand assists for grabbing/moving fabric.

- Don't forget your eyeglasses if you need them.
- Most importantly, bring your questions, positive energy and be prepared to learn and have fun!

Steve will be available and in the classroom 15 minutes before the scheduled start time.

If you have questions, please don't hesitate to contact Steve...

Steve "Bobbin Doctor" Pauling

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