

## Textile Center Supply List

### *Sustainable Sewing*

Laura Wennstrom

#### Please bring with you to class:

- Sewing machine (in good working order) that can do a zig zag stitch
- Serger in good working order for finishing edges (OPTIONAL)
- Thread in preferred colors
- Scissors and rotary cutter (OPTIONAL)
- Straight pins
- *Cotton fabric for napkins:* 21 x 21 inch square of cotton or linen fabric for each finished napkin in your preferred fabric. Preshrink all fabric. I recommend a pattern as they hide stains better over time! This is a great way to use up fabric in your stash. Plan the number of napkins you need to make = (place settings at your table) x (meals per day) x (your laundry routine)
- *Fabric for Cloth Paper Towels:* 10 x 12 inch piece of cotton flannel per paper towel x minimum 12. I recommend a pattern as they hide stains better over time! This is a great way to use up fabric in your stash.
- *Fabric for Facial Rounds:* 4 x 4 inch pieces of cotton flannel (2 per facial round, minimum 12).
- **\*\*To further maximize your low carbon impact (and save money!), look to secondhand fabric to cut up instead of heading to the fabric store to purchase new. Cotton: household linens, tablecloth/ shower curtain, bedsheets, clothing. Flannel: old flannel shirt, baby blanket, flannel sheets.**

There will be time reserved at the end of class for cleanup. Please help this process go quickly by assisting the instructor.

**Please ring the buzzer in the back to be let into the building.** Parking is available in the lot behind our building, as well as our lot at 3018 University Ave SE. Look for the green signs.