

Textile Center Supply List

Ball Rolling for Happy, Healthy Hands – Digital Class Angela Kneale

To participate in this class, students will need to have a personal computer with access to [Zoom video conferencing software](#), a strong internet connection with enough bandwidth for video, and the proper class materials. Students are responsible for a computer, internet, and procuring materials independently. **The cost for materials is not included in the cost for registration.**

Where can I get the class materials?

- Please see the material list below
- Order online- the instructor has included their preferred resources for the specific materials needed for the class
- Local textile supply, hobby, or craft store
- Personal items/stash/equipment—feel free to use materials that you have on hand to substitute, if you feel confident they will work to do the job!

The success of your experience in our digital classes is contingent on being able to fully participate through both the audio and video functions of Zoom. If you do not use the listed materials below, or do not have a strong internet connection with enough bandwidth to use the Zoom video function, your experience and/or project may come out differently.

Materials:

Instructional book: Ball Rolling for Happy, Healthy Hands AND Balls: Set of 4 Small Health Balls
Instructor Recommendations:

- https://www.optp.com/Ball-Rolling-for-Happy-Healthy-Hands?cat_id=167
- Or https://www.amazon.com/Rolling-Small-Health-BallsTM-Package/dp/B0791KZJPL/ref=sr_1_2?crid=1E4CC7J09EMX3&dchild=1&keywords=ball+rolling+for+happy+healthy+hands&qid=1616927797&prefix=ball+rolling+for+%2Caps%2C173&sr=8-2

* Program staff will send a reminder email with the Zoom link before the class