

Textile Center Supply List

Free Motion Stitching **Steve Pauling**

Please bring with you to class:

- 1) **Sewing machine in good working order – MUST have darning/free motion presser foot, straight stitch, and universal zig-zag presser feet.** Confirm the feed dogs can be dropped or covered with a “darning” plate. Otherwise, arrange to cover the feed dogs by taping two layered pieces of cardboard over the feet with holes cut out in the lower piece to accommodate the feed dogs.
- 2) **Sewing machine accessories:**
 - Operating manual for your machine
 - Bobbins
 - Small screwdriver for tension adjustments
 - Lint brush
 - Assortment of sewing machine needles, appropriate for the fabric you will be using. Universal point in sizes 80/12, 100/14, 110/16 are usually sufficient.
 - Don’t forget the cords and foot control! (You’d be surprised at how often this happens.)
- 3) **5 (or more) tablet-sized sheets of medium weight paper such as construction art paper, heavier newsprint, or thin cardstock (something inexpensive).** For reference, typical copier paper is often too thin and not rigid enough. Minimum size: 8” x 10”
- 4) **6 - 12 “sandwiches” made of two muslin or quilting fabric squares with an inner layer of quilt batting, stabilizer, felt, heavy flannel (or two pieces of flannel), or other materials representative of the kinds of projects you want to embellish with free motion stitching.** Do NOT use high-loft batting. Minimum size: 12” square. Maximum size: 22” square (half the width of typical quilting fabric). To save time in class, secure layers of sandwiches with pins, thread basting, or Quilters temporary spray adhesive (safe for use with sewing machines). As another option to using fabric sandwiches, fabric can be held taught in an embroidery hoop with stabilizer (or an extra layer or two of fabric) held on the backside. Confirm that you can slip the embroidery hoop on your machine conveniently without taking the presser foot off.
- 5) **Assortment of fabric scraps and standard sewing threads in various colors** – If you are experienced in adjusting tension and using specialty threads (metallic, mono-filaments, woolies, ribbons, yarns, pearl cotton, etc), you may also bring these. Fabrics will be applied to your design. Note: This class will NOT explore the technical skills of using specialty threads and tension adjustments.
- 6) **Fabric markers** – Water-based or chalk pencils and pens are great since they can be washed out. Disappearing ink pens are even better! Avoid wax/crayon-based markers.
- 7) **Assortment of typical sewing notions: fabric scissors, thread snips, pins, water-based glue stick, awl, trolley needle, tweezers, hand sewing needles, etc.**
- 8) **Designs you might want to practice** – Background fills used for quilting backgrounds, pictorial scenes, themes, etc. Feel free to sketch out a pattern on one or more of your fabric “sandwiches” to save time. This class will provide some direction and sample designs, but you are encouraged to use your imagination and creativity!
- 9) **Most importantly, bring your questions, positive energy, and a desire learn and have fun!**

Optional:

- 1) Couching, satin, over-cast, ribbon feet, or any other feet you may want to try and experiment.
- 2) Assortment of yarns, cording, fabric scraps, thin gauge wire, and other items for couching or incorporating into your designs with free motion stitches to create texture and visual interest
- 3) Quilting gloves, rubber/silicone finger grips, small embroidery hoops, or other hand assists for grabbing/moving fabric
- 4) Reading glasses, if you need them!

The classroom will be open 30 minutes before the start of class. Arrive a few minutes early to set up your workstation, so we can start on time! For any questions before class starts, feel free to contact the instructor: Steve Pauling, aka the "Bobbin Doctor," at Steve@BobbinDoctor.com.

There will be time reserved at the end of class for clean-up. Please help this process go quickly by assisting the instructor.

Parking is available in the lot directly behind our building, as well as our newly purchased lot at 3018 University Ave SE. Look for the green signs!